

SOUL TRIPS | SOUL SUMMER FEST | 2022

	Friday, July 1	Saturday, July 2	Sunday, July 3		
7:00 AM		YOGA			
7:30 AM		Refresh Change Shower			
8:00 AM		BREAKFAST			
8:30 AM		WORKSHOP	WORKSHOP		
9:00 AM					
9:30 AM		Personal Time - Optional Activities			
10:00 AM		LUNCH	LUNCH		
10:30 AM			CLOSING		
11:00 AM		Special Activity			
11:30 AM		Relax / refresh			
12:00 PM		WORKSHOP		CLOSING	
12:30 PM					
1:00 PM		YOGA		CLOSING	
1:30 PM					
2:00 PM	CHECK IN		CHECK OUT		
2:30 PM					
3:00 PM	Welcome		WORKSHOP		
3:30 PM	YOGA				
4:00 PM			Refresh Shower Relax		
4:30 PM	DINNER		DINNER		
5:00 PM					
5:30 PM	WORKSHOP		Special Night Activity		
6:00 PM					
6:30 PM	Special Opening Activity				
7:00 PM					
7:30 PM					
8:00 PM					
8:30 PM					
9:00 PM					
9:30 PM					