



## SOUL TRIPS | PACKING LIST

Here are a few recommendations for your packing list for this specific Soul Trip

### IN YOUR SUITCASE

#### CLOTHING ITEMS

Swim wear.

Closed toe shoes for walking.

Light jacket in case of rain or windy nights.

Comfy clothes for yoga classes, walking, etc.

A set of clothes that can get dirty.

#### OTHER ITEMS

Phone charger.

Mosquito repellent.

Hat, sunglasses, sunscreen.

Toiletries. Hair drier if you normally use one.

Yoga mat, or we can provide one for you. (Fees may apply)

Any medication you might need during your stay with us.

**A set of single bed sheets, blanket, pillow, and towel.**